

INFORMATION SHEET FOR PARTICIPANTS

YOU WILL BE GIVEN A COPY OF THIS INFORMATION SHEET

Title of project: BELONG STUDY

Improving cardiovascular disease (heart attacks and stroke) and breast cancer prevention and management in an ethnically diverse female population through community-based salon initiatives

Invitation Paragraph

I would like to invite you to participate in this project which forms part of our research. Before you decide whether you want to take part, it is important for you to understand why the research is being done and what your participation will involve. Please take time to read the following information carefully and discuss it with others if you wish. Ask me if there is anything that is not clear or if you would like more information.

What is the purpose of the project?

This project will examine whether hairdressers/salon therapists can encourage clients who qualify to attend their GP surgery for a check-up to detect high blood pressure, diabetes or breast cancer. The hairdressers/salon therapists will be supported by nurses/health care assistants at the local GP surgeries. As part of this project, hairdressers/salon therapists will signpost you to resources and services available to detect high blood pressure, diabetes or breast cancer, including an online app.

Why have I been invited to take part?

We are inviting you to participate in our project to understand your previous experiences with NHS health checks and your experience with receiving health promotion messages from your hairdresser/salon therapist whilst having an appointment at participating salons.

What will happen if I take part?

You will be asked to complete online questionnaires with questions about yourself including name, age, country of birth and contact information, about your previous experiences with NHS health checks, as well as questions about your experiences with the health promotion messages you received at the salon. A limited number of participants will also be invited for a more detailed in-person discussion about their experiences. Blood pressure machines will also be available at some salons for clients interested in measuring their blood pressure at salons.

Any audio/video recording equipment will only be done with the consent of the participant.

Do I have to take part?

Participation is completely voluntary. Individuals who are vulnerable people, unable to give informed consent, or pregnant and nursing mothers will be excluded from the study. You should only take part if you want to and choosing not to take part will not disadvantage you in anyway. Once you have read the information sheet, please contact us if you have any questions that will help you make a decision about taking part. If you decide to take part, we will ask you to sign a consent form and if you wish you will be given a copy of this consent form to keep.

What are the possible risks of taking part? We do not anticipate any risks of taking part.

What are the possible benefits of taking part?

Taking part in this project workshops will provide you with relevant information on resources and services available to detect high blood pressure, diabetes and/or breast cancer. You will also be supporting the development of an intervention to control and prevent heart disease, stroke and breast cancer.

Who is funding and organising the study?

This project is being funded by the National Institute for Health Research (NIHR) Public involvement fund (PIF)

<https://www.rds-london.nihr.ac.uk/patient-public-involvement/public-involvement-fund/>

This project is sponsored/ organised by King's College London.

Who has reviewed this study?

Ethical approval has been granted from King's College London Biomedical & Health Sciences, Dentistry, Medicine and Natural & Mathematical Sciences Research Ethics review board (LRS-19/20-17551).

How will we use information about you?

We will need to use information from [you / medical records /your GP] for this research Project with your consent.

This information will include your [initials/NHS number/name/ contact details/]. People in the team will use this information to do the research or to check your records to make sure that the research is being done properly.

Your information will be stored in an pseudonymised format. Questionnaires will be stored as a hard or electronic copy securely stored either in locked cabinets with restricted access or via electronically encrypted files. Audio recorded materials will

be stored as compressed MP3 files accessible only by password by the research team. People who do not need to know who you are will not be able to see your name or contact details. Your data will have a code number instead.

Data handling and confidentiality

Your data will be processed in accordance with the General Data Protection Regulation 2016 (GDPR).

- All data will be **pseudonymised** data and securely stored either in locked cabinets with restricted access or via electronically encrypted files.
- Data will only be shared within the research team and anonymised data will be shared with third party transcription services with participants consent. All data will be encrypted to ensure safe transfer to transcription services.
- We will keep all information about you safe and secure.
- Once we have finished the study, we will keep some of the data so we can check the results. We will write our reports in a way that no-one can work out that you took part in the study.
- Your data will be retained for 10 years (your contact details will be stored for 5 years to invite you to events where we will present the study outcomes) in line with KCL data retention schedule. Data will be pseudonymised and retained or archived this should be stated.

Data Protection Statement

Your data will be processed in accordance with the General Data Protection Regulation 2016 (GDPR). If you would like more information about how your data will be processed in accordance with GDPR please visit the link below (printed version available on request):

<https://www.kcl.ac.uk/research/support/research-ethics/kings-college-london-statement-on-use-of-personal-data-in-research>

What are your choices about how your information is used?

You are free to withdraw at any point of the project, without having to give a reason. Withdrawing from the project will not affect you in any way. You are able to withdraw your data from the project up until **30/06/2024**, after which withdrawal of your data will no longer be possible as the data will have been pseudonymised and analysed. Please note it may be difficult for participants in group discussions to subsequently withdraw their data due to the interactive and interdependent nature of the participation.

Your rights to access, change or move your information are limited, as we need to manage your information in specific ways in order for the research to be reliable and accurate. If you withdraw from the project, we will keep the information about you that we have already obtained. To safeguard your rights, we will use the minimum personally-identifiable information possible.

Where can you find out more about how your information is used?

You can find out more about how we use your information

- at www.hra.nhs.uk/information-about-patients/
- [www.kcl.ac.uk/research/support/rgei/research-ethics/kings-college-london-statement-on-use-of-personal-data-in-research; or](http://www.kcl.ac.uk/research/support/rgei/research-ethics/kings-college-london-statement-on-use-of-personal-data-in-research;or)
- by asking one of the research team

What will happen to the results of the project?

The results of the project will be summarised in a report and submitted for publication. Participants who are interested will be sent a copy of the report.

An open day/evening will be hosted to feedback the results of the research to the participants. A study website will be used to publish news and study updates.

What if there is a problem?

If you have a concern about any aspect of this study, you should ask to speak to the researchers who will do their best to answer your questions Dr. Mariam Molokhia, Study Principal Investigator (mariam.molokhia@kcl.ac.uk) Addison House, King's College London, SE1 1UL.0207 8848 6648.

You may also contact the King's College London Research Governance Office:
rgo@kcl.ac.uk.

In the event that something does go wrong and you are harmed during the research then you may have grounds for legal action for compensation against King's College London but you may have to pay your legal costs. King's College London maintains adequate insurance to cover any liabilities arising from the study.

Who should I contact for further information?

If you have any questions or require more information about this project, please contact me using the following contact details:

If you have questions about this study, please contact: Dr. Mariam Molokhia, Study Principal Investigator (mariam.molokhia@kcl.ac.uk) Addison House, King's College London, SE1 1UL.0207 8848 6648.

Thank you for reading this information sheet and for considering taking part in this research.